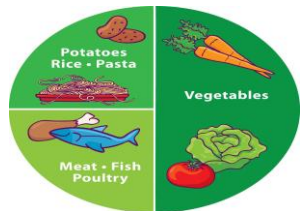


**CHITIMACHA
TRIBAL SCHOOL
MEALS
PROVIDE YOU WITH
HEALTHIER MEALS**



MENU MAY CHANGE

LET'S SEE HOW MANY DIFFERENT COLOR
VEGETABLES YOU CAN EAT PER DAY!!!!

Our Salads are a combination of Spinach
Romaine, Iceberg, Tomatoes,
Purple Cabbage & Carrots

Our Stack of Trim is Iceberg Lettuce,
Tomatoes, & Pickle Slices

Half the Grains we serve for Breakfast
are Whole Wheat/Whole Grain.
All the Grains serve at Lunch
are Whole Wheat/Whole Grain.

WE SERVE A VARIETY OF MEATS EACH
WEEK.

We serve Fresh and Canned Fruits Weekly
JUICE AND FRUIT DAILY

CHOICE OF MILK SERVED DAILY WITH
BREAKFAST AND LUNCH

100% Fruit Juices Served at Breakfast

MAY 2016

MONDAY 2 BREAKFAST BREAKFAST PIZZA, GRITS, AND FRUIT LUNCH HAMBURGERS FRENCH FRIES SALAD CUP FRUIT	TUESDAY 3 BREAKFAST BISCUITS, SAUSAGE, AND FRUIT LUNCH CHICKEN/SAUSAGE JAMBALAYA GREEN BEANS YAMS ROLLS	WEDNESDAY 4 BREAKFAST MUFFINS, YOGURT, AND FRUIT LUNCH CHICKEN STEW RICE BLACKEYE PEAS OR CARROTS ROLL, AND FRUIT	THURSDAY 5 BREAKFAST CEREAL, POPTARTS, AND FRUIT LUNCH PIZZA CORN TOSSED SALAD FRUIT	FRIDAY 6 BREAKFAST TOAST, OATMEAL, AND FRUIT LUNCH CORN DOGS FRIES SALAD FRUIT COOKIE
MONDAY 09 BREAKFAST BISCUITS, HAM, AND FRUIT LUNCH RED BEANS/SAUSAGE RICE, MUSTARD GREENS, FRUIT, AND CORNBREAD	TUESDAY 10 BREAKFAST PANCAKES, SAUSAGE, AND FRUIT LUNCH CHICKEN PATTIE, SANDWICH, FRIES, SALAD CUP, AND FRUIT	WEDNESDAY 11 BREAKFAST CHEESE OMELET, TOAST, AND FRUIT LUNCH SOFT SHELL TACOS, SALAD CUP, CHEESE CUP, CORN, AND COOKIE	THURSDAY 12 BREAKFAST CINNAMON ROLLS, OATMEAL, AND FRUIT LUNCH MEATBALL STEW, RICE, PEAS, SALAD, FRUIT, AND ROLL	FRIDAY 13 BREAKFAST CEREAL, TOAST, AND FRUIT LUNCH BBQ PORK, BAKED POTATO, TOSSED SALAD, FRUIT, AND ROLL
MONDAY 16 BREAKFAST FRENCH TOAST STICKS, SAUSAGE, AND FRUIT LUNCH MEATLOAF, CREAMED POTATOES, PEAS & CARROTS FRUIT, AND ROLLS	TUESDAY 17 BREAKFAST CINNAMON TOAST, HAM, AND FRUIT LUNCH SPAGHETTI, GREEN BEANS, TOSSED SALAD, FRUIT, AND ITALIAN BREAD	WEDNESDAY 18 BREAKFAST BISCUITS, GRITS, AND FRUIT LUNCH PIG N BLANKET, FRIES , BAKED BEANS, AND APPLECRISP	THURSDAY 19 BREAKFAST CEREAL, POPTARTS, AND FRUIT LUNCH CHICKEN NUGGETS, MAC&CHEESE, VEGETABLE, FRUIT, AND ROLLS	FRIDAY 20 BREAKFAST BREAKFAST PIZZA, GRITS, AND FRUIT LUNCH NACHOS, CORN, SALAD, FRUIT, AND COOKIE
MONDAY 23 BREAKFAST CEREAL, TOAST, AND FRUIT LUNCH BBQ SAUSAGE SANDWICH, FRIES, SALAD CUP, AND FRUIT	TUESDAY 24 BREAKFAST CINNAMON STICKS, GRITS, AND FRUIT LUNCH CHICKEN PATTIE SANDWICH, FRIES, VEGETABLE, AND FRUIT	WEDNESDAY 25 BREAKFAST WAFFLES, SAUSAGE, AND FRUIT LUNCH HAM/CHEESE SANDWICH, CHIPS, SALAD CUP, AND FRUIT		